

Eurythmy against the background of AI and VR

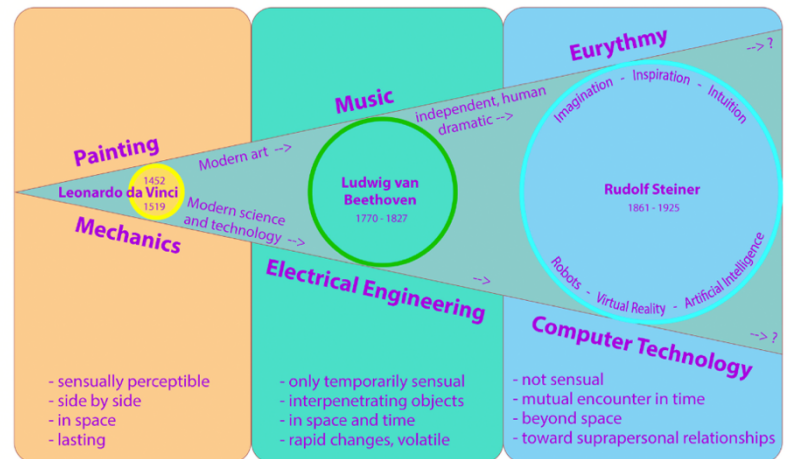
Euritmieweekend met Theodor Hundhammer

Vrijdag 22 maart 19.00 uur - zondag 24 maart 12.30 uur

Hiberniaschool, Volkstraat 40, Antwerpen

How technology is trying to take over human bodies and souls and how eurythmy can help us to counteract this development.

Eurythmy, group work and lectures alternate in each module. We listen to our inner selves and search for the true tasks of the human being.



Friday 19.00-20.30: Eurythmy and technology

The influence of technology on the human body. Rudolf Steiner's eurythmy experiments with esoteric students in Berlin.

Saturday 10.00-12.30: The human alphabet

The parallelism in the development of art and technology. The gestures of eurythmy in contrast to where Google and Co want to take us.

Saturday 14.00-16.30: Eurythmy meditations

A protection meditation, a meditation for healers, and the evolutionary sequence of the time planets (days of the weeks).

Sunday 10.00-12.30: Eurythmy in the digital world

Experiencing the effect of eurythmy in doing and in listening to the resonance. How to teach the basics of eurythmy globally in view of the challenges of our new age.

The presentations will be held in English, questions can be asked in Dutch, French and German. Modules can be booked separately. Full workshop 120 EUR.

For more info and registration go to

www.eurythmy4you-en.com/antwerpen24



Theodor Hundhammer is a eurythmy therapist who studied aeroplane construction and factory operation and was a production engineer at Wala Heilmittel GmbH. He was president of the Swiss Eurythmy Therapy Association for many years and is the founder of Eurythmy4you.com, an innovative online eurythmy platform for self-development and health.

www.eurythmy4you.com

